



# Health as a crosscutting theme

Project Managers

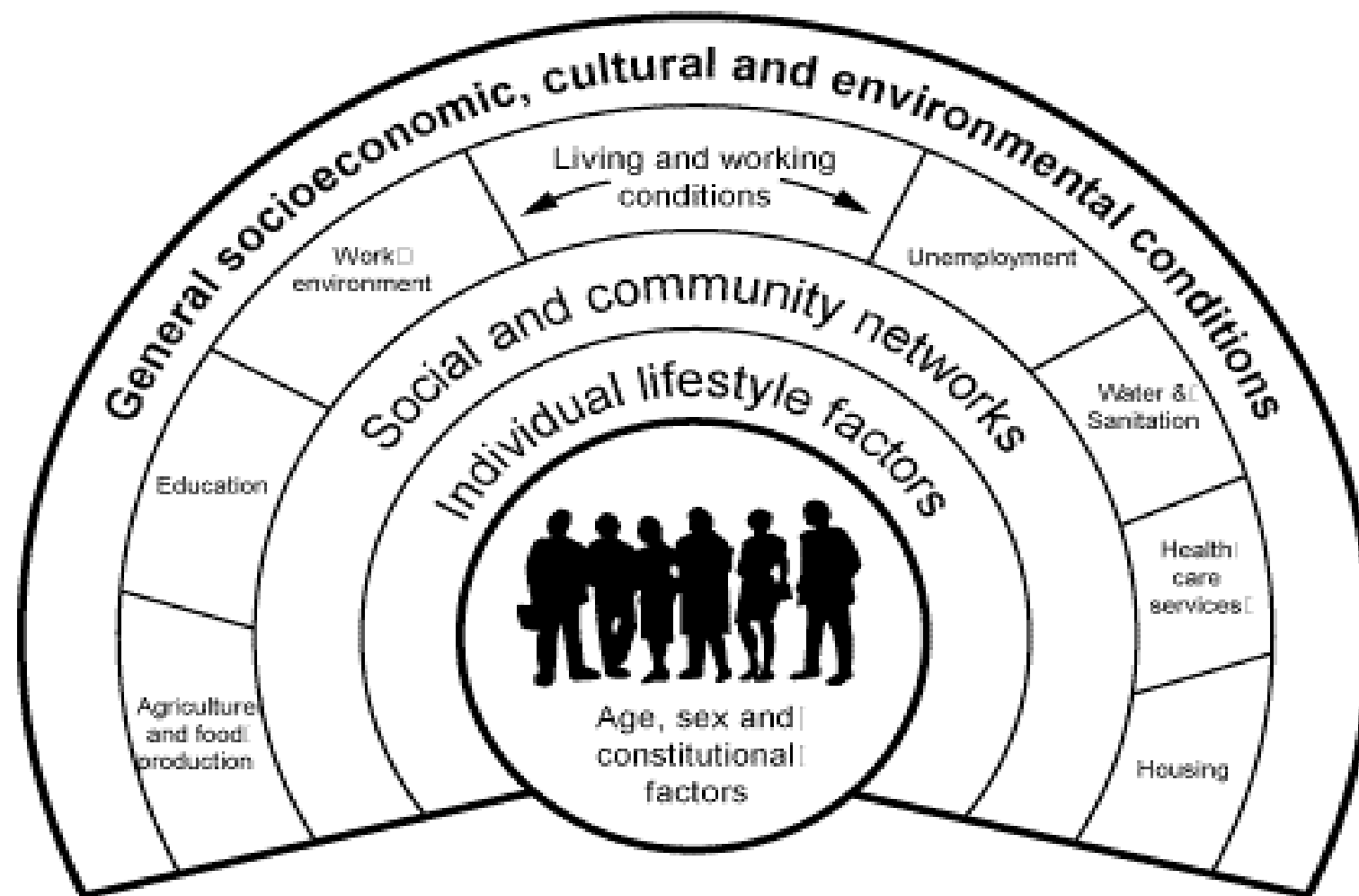
Lynn Snowden and Anthea Cooke

Inukshuk Consultancy

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# Model of health ...



# Mental well-being

Mental wellbeing “...is a *dynamic state*, in which the *individual* is able to develop their potential, *work productively and creatively*, build strong and positive relationships with others, and contribute to their community. It is enhanced when an individual is able to fulfil their *personal and social goals* and *achieve a sense of purpose in society.*”

Foresight (2009) *Foresight Mental Capital and Wellbeing Project (2008). Final Project report*. London: The Government Office for Science. (available: [http://www.foresight.gov.uk/Mental%20Capital/Mental\\_capital & wellbeing\\_Exec\\_Sum.pdf](http://www.foresight.gov.uk/Mental%20Capital/Mental_capital_&_wellbeing_Exec_Sum.pdf) , page 10)

# Health as a cross cutting theme...

It's about the...

- links between employment and health – many benefits from the 'right' kind of work
- Individuals and groups most vulnerable to health inequalities – same groups as the ESF target audience
- Understanding wide model of health
- Identifying what ESF Providers are already doing that is impacting on health
- Identifying what else they could be doing
- Monitoring those activities

Stakeholder Steering Group – met four times

Focus groups with ESF Providers and research

Workshop training for ESF providers on  
Guidance & PMF –  
Finalised on basis of feedback

Final Health CCT Guidance & PMF published  
October 2010

Tailor made training for ESF Providers &  
Contract Managers

Final report due December 2010

Process  
evaluation

Process  
evaluation

Process  
evaluation

Impact  
Evaluation?

Health as a cross  
cutting theme

# Guidance and Performance Management Framework for ESF providers

September 2010



**European Union**  
**European Social Fund**  
Investing in jobs and skills

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# HCCT Guidance Performance Management Framework

**Purpose:** overarching document providing the context and Guidance for completing the Performance Management Framework (PMF).

PMF is designed as a Project Planning and Self Assessment' Tool for ESF Providers. Seeks to capture and frame ESF Provider activity in terms of health and well-being as well as prompt further actions.

Factors that influence health and well-being			
Health and well-being factors (below)	What kind of impact is this project likely to have on these for your clients? Score scale...	What evidence/information do you have to back this scoring?	What other actions could you take to increase this score?
<b>Economic security</b> e.g. access to secure employment (paid and unpaid)			
<b>Support to enable sustained quality employment for a person placed in work</b> e.g. flexible or shorter working hours,			
<b>Access to education and skills development to enable access into work</b> e.g. skills at completing a CV,			
<b>Transport access and options</b> e.g. help with costs to attend interviews,			

<b>Well-being determinants</b>			
Well-being factors	<p>What kind of impact is this project likely to have on these for your clients? Score scale</p>	<p>What evidence can you give to back this scoring?</p>	<p>Is there any action that you can take to increase this score?</p>
<p><b>Sense of control over one's life and choices</b> e.g. choice of work</p>			
<p><b>Ability to cope with challenges and change</b> e.g. problem solving, decision making, relationships with others, communication skills</p>			
<p><b>Sense of belonging</b> e.g. connectedness to community, neighbourhood, family group, work team</p>			

<b>Project interventions and activities</b>	<b>To what extent do you offer these types of interventions / activities?</b>	<b>What evidence can you give to back this score?</b>	<b>Is there any action that you can take to increase this score?</b>
Information about healthy lifestyles, services and social activities given to participants.			
Information about other services such as housing given to participants.			
Health-related questions asked in initial assessment to determine health issues for new participants and participants signposted accordingly.			

<b>Project interventions and activities</b>	<b>To what extent do you offer these types of interventions/activities?</b>	<b>What evidence can you give to back this score?</b>	<b>Is there any action that you can take to increase this score?</b>
Access/signposting to financial and debt advice e.g. Citizens Advice Bureau.			
One-to-one support including advocacy and accompanying participants to health services.			
Signposting participants to health related services e.g. physiotherapist, gym, psychologist, GP, mental health services.			

# On-going process Evaluation – early findings....

- Awareness raising workshops gave context for links between health and their work
- PMF gives framework for them to capture impact and make improvements
- Understanding of links between low income, worklessness and health & mental health
- Networking with other ESF Providers and learning about how others tackle health
- Timing of the HCCT project challenging for some whose £ was coming to an end.

# Questions

- Any questions?